

Safeguarding Protective Behaviours Parent Workshops



The Perth Catholic Archdiocese Safeguarding Project is child focused and informed by a fundamental belief that children have the right to physical and psychological safety at all times.

All children have the right to feel safe all of the time, but unfortunately national child abuse statistics tell a very different story. Over the past two decades there has been increased awareness over children's personal safety in particular child sexual abuse. We now know that a child or young person is more likely to be harmed by someone they know than by someone they don't know. Whilst the Safeguarding Project is working hard throughout the Perth Catholic Archdiocese, we all must play our part to protect children and keep them safe. One way parents can assist in increasing their child's safety is by teaching them the Protective Behaviours Program and as such we strongly recommend all parents attend this workshop.

The workshop has been designed to teach parents and carers how to increase the personal safety of their children. Whilst there are many ways of talking to children about their personal safety, it is important that we do not scare them or leave them feeling unsafe, afraid or disempowered. Protective Behaviours

provides children with strategies to keep themselves safe and cope with situations that threaten their wellbeing and personal safety. The program empowers the individual with the right to feel safe and sets out ways they can gain appropriate help when they are not feeling safe.

THE PURPOSE OF THIS WORKSHOP

- To provide parents and carers with a basic understanding of child sexual abuse (CSA) and the risk factors associated with CSA.
- To provide specific personal safety education strategies and knowledge designed to reduce the risks of CSA occurring to your children.
- 3. To lessen your anxiety about your children's safety allowing them to freely navigate the world they live in.

WORKSHOP FORMAT

The workshop will consist of two sections:

- Why parents need to commit to child protection strategies.
- 2. The Protective Behaviours Program: A Child Protection Strategy.



Andrea Musulin

Safeguarding Project Coordinator / Ambassador PBWA

Andrea spent 30 years with WA Police before taking up the full time role of Safeguarding Project Coordinator for the Catholic Archdiocese of Perth. During her time with WA Police she specialised in the areas of domestic violence and child abuse. As a sworn police officer, Andrea gained extensive experience in responding to sexually abused children and a large part of her career was spent developing crime prevention programs, designed to protect children and empower children to disclose abuse.

For the past 22 years Andrea has also been heavily involved with Protective Behaviours WA Inc., WA's leading child protection education and training organisation, and is currently the Ambassador and the longest serving member of this organisation. Andrea has written and co-written several resources that are now used by the Department of Education and other schools across Australia and internationally in combating child sexual abuse.

Andrea is regarded in WA as a powerful trainer and successful advocate and innovator in the prevention of child sexual abuse and was inducted into the WA International Women's Hall of Fame for her dedication as a pioneer and leader in the child protection arena.

As the wife of 1, mother of 6 and grandmother of 3 she brings to the Archdiocese a wealth of knowledge and an undying commitment to the protection of children in our Church.

When presenting the workshop Andrea will use a direct but humorous approach in sharing her many experiences in raising resilient and safe children in a very challenging and ever changing world.



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Safety, love and hope for our young people